

How it works



MONTH 1 Healthy Lifestyle Coaching

- ▶ Meet your team and learn how to make the most of the Allurion Program.



MONTH 2-5 Lose Weight with the Allurion Program

- ▶ The Allurion Smart Capsule is placed during a brief, 15-minute office visit
- ▶ Continue your diet and healthy lifestyle coaching.
- ▶ Get support from your Allurion Connected Scale and Allurion App.
- ▶ After approximately 4 months, the balloon empties and passes naturally without medical intervention.*



MONTH 6 AND BEYOND

- ▶ Your healthcare team will assist you in maintaining a healthy lifestyle.



Kick-start your
weight-loss journey

Go to [Allurion.com](https://www.allurion.com) to
see real-life success stories
and find more information



The Allurion Gastric Balloon System (AGBS) is indicated to promote short-term limited weight loss in adult individuals with obesity between the ages of 22 years and 65 years with a body mass index (BMI) ≥ 30 kg/m² and ≤ 40 kg/m² who have had at least one unsuccessful attempt at a weight loss program. The residence time for each AGBS is variable with an average observed residence time of 15.3 weeks. The AGBS is to be used in conjunction with a moderate intensity lifestyle modification therapy program. The AGBS consists of up to two Allurion Balloons placed during a 10-month period

For more information on potential complications, visit

<https://www.allurion.com/en/quality-and-risk>

Allurion is a registered trademark of Allurion Technologies.

*In rare cases, the Allurion Balloon may be vomited at end of residence or require endoscopic or surgical intervention for removal.

© 2026 ALLURION TECHNOLOGIES INC. ALL RIGHTS RESERVED.



Allurion
PROGRAM

Lose weight
while feeling full.



The Allurion Balloon fills you up, so you're less hungry—making it easier to eat better, eat less and form healthy habits that last



Ask your doctor today to check your eligibility for the Allurion Program



Kick-start your weight-loss journey

The Allurion Program is a comprehensive approach to weight loss, centered around a **Smart Capsule** and digital tools for behavior change

A comprehensive approach to weight loss

The Allurion Smart Capsule, containing a gastric balloon, is swallowed in a brief, 15-minute doctor visit. The balloon takes up space in your stomach, reducing your appetite and helping you to feel full faster and for longer. This supports weight loss, without the hunger and cravings that come with traditional dieting.

The result? You can shed pounds while learning healthier habits.

No surgery. No endoscopy.* No anesthesia.* The smart way to lose weight

It is the first – and only – gastric balloon to require no surgery, endoscopy or anesthesia for placement or removal.* The balloon is placed during a brief 15-minute outpatient visit. After approximately 4 months, it empties and passes naturally.

*In rare cases, the Allurion Balloon may be vomited at end of residence or require endoscopic or surgical intervention for removal

*The AUDACITY Study. Data on File (2025).

The key to losing weight

FDA approved and clinically proven to support patients to lose 2.2x more weight than with diet alone.¹

Experience significant improvements in quality of life and more control over your diet.

